

Shared Plates & Banquet Menus

Seasonal • Sustainable • Beautifully Curated
Elevated catering experiences designed for modern events.

BE FREE

enjoy life, feel good

At Be Free, food is more than fuel — it's a way to connect, celebrate, and care for our bodies and the planet. Just like in our café, our catering service is rooted in good local produce and seasonal goodness. Every dish is designed to uplift, energise and nourish, crafted with ingredients sourced from local farmers, small-scale producers, and even grown on-site at Perth City Farm.

Whether you are planning a work event, a birthday celebration, or a special gathering, our catering brings the same care and creativity you'll find in our kitchen. From vibrant grazing tables and wholesome buffet spreads to tailored breakfast platters and all-day corporate menus, everything we serve is guided by our commitment to quality, sustainability and flavour.

Family-run and heart-led, Be Free exists to help people get the most out of life — one meal at a time. Let us take care of your next event with food that's fresh, thoughtful, and full of life.



Shared & banquet menus

Designed for weddings and long-table celebrations, our banquet menus are centred around seasonal share plates, tailored to your style, guests and the time of year. We work closely with you to create a dining experience that feels personal and memorable. Served on platters to the table, for guests to share family style. All menus are adaptable to dietary requirements and seasonal availability. ***Custom menus available.***

SAMPLE MENU SELECTIONS

Banquet menus start **from $65 per person**, 1 entree, 2 mains & 2 sides. Final pricing is based on menu selections, quantities and seasonal produce. **Minimum 30 guests.**

On the table

House flat bread, Regans Ridge Olive Oil & Spiced Olive Dukkah (vgn)
House Pickles (vgn,gf)
Nitrate Free Fennel Salami, Radish, Pickled Chilli (gf)

Shared Entrees

Lulu La Delizia Stracciatella, Marinated Tomatoes, Basil Oil (gf,v)
Half Shell Scallops, Chorizo Crumb, Avocado Mousse (gf)
Chargrilled King Prawns, Hot Honey, Prawn Head Oil, Herbs, Lime (gf)
Gado Gado Chicken Skewer, Pickled Chilli, Peanuts (gf, nuts)
Crispy Chilli Garlic Tofu Skewer, Peanut Sauce, Furikake (gf, vgn, nuts)

Shared Mains

Slow-Braised Pepper Brisket, Chimichurri (gf)
Hot Honey Roasted Chicken Maryland (gf)
Roasted Garlic, Orange & Herb Porchetta (gf)
Hasselback Butternut, Harissa, Meredith Dairy Goats Cheese, Candied Pecans (v,gf)
Stuffed Portobello Mushroom, Herb & Tofu Fetta, Romesco, Crispy Chickpeas (vgn, gf, nuts)

Shared Sides

Roasted Fennel & Pear with Mustard & Maple (vgn, gf)
Crispy Smashed Potatoes, Parmesan, Rosemary (v, gf)
Perth City Farm Greens, Pickled Fennel, Orange Segments, Regan's Ridge Olive oil, Pistachio (vgn, gf)
Broccolini, Miso Butter, Candied Almonds (gf, v)

Shared Desserts

Tres Leches Cake, Vanilla Bean Cream, Passionfruit Curd & Mango (seasonal)
Dark Chocolate & Roasted White Chocolate Buckwheat Torte, Coffee Cream, Coconut Ice-Cream (gf)
Dessert Coupes:
Strawberry Cheesecake, Shortbread Crumble, Basil Oil
Matcha-misu, Matcha Mascarpone, Lavender Soaked Savoiardi, Pistachio (nuts)
Dark Chocolate Mousse, Peanut Brittle (gf, nuts)

Bf















Important notes

- Pricing does not include delivery, equipment or service staff. This is variable depending on menu selection, venue and function length.

- All prices exclude GST

- Due to ongoing supply limitations and WA fishing regulations, the cost and availability of premium seafood can fluctuate. We remain committed to sourcing high-quality Australian seafood from trusted suppliers, ensuring exceptional quality and sustainability. All seafood pricing and availability will be confirmed at the time of your event and reflected in your final event proposal.

- Gluten and nuts are used in our kitchen. Please advise us of any allergies at time of order. While we take all care to prevent cross-contamination, we cannot guarantee that our dishes will be free from traces of allergens. Thank you for your understanding.

Additional Services

Make it extra special:

- Add drinks to your event - refer our beverage packages
- Hire premium and stylish cutlery, crockery and glassware - refer our hire packages
- Add additional styling items such as vases, candle holders and candles - refer our hire packages
- Disposable cutlery, plates & napkins ($1.80 pp)





Let's make it happen

Whether you're planning a work function, a celebration or something in between — we'd love to help bring it to life with nourishing, seasonal food that feels good and tastes even better.

GET IN TOUCH

We're just a message away

hello@be-free.au
1 City Farm Place, East Perth, WA 6004

Let's create a moment to remember, the Be Free way.



BE FREE